# It all starts with caring

At CaringWorks, we believe that you are more than your circumstances. And we're here to help you find the support you need to reach your full potential.

For adults facing a wide range of behavioral health concerns, we offer outpatient support through a comprehensive range of services. Our outpatient program can be used as part of an overall care plan designed by you and your doctor.

# Take the first step

Whatever mental health issue you are ready to address –-from depression, anxiety, and grief to trauma and more–our caring staff and specialists are here to support you every step of the way.

**Contact us today at** 

Or visit

2785 Lawrenceville Highway Suite 205 Decatur, Georgia 30033



HOUSING . HELP . HOPE

CaringWorks Outpatient Behavioral Health Services

Your journey to a better life begins here



## What to expect: 3 steps to wellness

### **1. SCHEDULE**

When you are ready, schedule your intake appointment by calling the CaringWorks Clinic. We provide a brief screening to determine if we can help with your mental health or substance use concerns and also to confirm your insurance coverage questions.

### 2. ASSESS

Your journey begins with an assessment where one of our licensed mental health professionals will ask you questions about your behaviors and moods. It's important to have an open conversation to ensure that you are directed to the right path of care.

### **3. TREAT**

Once a decision has been made that outpatient services are the best option for you, we'll choose a treatment program specially designed to address your needs.

# CaringWorks



# **CaringWorks offers a comprehensive range of services:**

- Behavioral Health Assessment/ Treatment Planning
- Individual/Group Therapy
- Family Counseling/Couples Counseling
- Grief Counseling
- Links to Community Resources
- Crisis Management
- Anger Management
- Addiction Treatment
- Life Coaching
- Job Related Stress Management
- Stress Management
- Medication Management

We accept Medicaid, cash, and major credit cards. Plans are underway to accept more major insurance plans soon.

